



## HRSGP Easter

### What Did I Spot Challenge

This is a simple challenge for the whole family.

Each day of the Easter holidays a picture will be posted on @hrsspe of something to look out for when you take your daily exercise.

You can record how many of those things you see during your walk, wheel, run or bike ride.

The competition is for who in your family will be

- a) the first one to spot the object or item
- b) the person to spot the most of the day's challenge object

Download the scoresheet and get ready to trot and spot next week.

**And don't forget to exercise safely and responsibly**

**#StayActiveSussex @yourschoolgames #StayInWorkout**